

Explorers Menu 1



MONDAY

Breakfast

Choice of cereals, toast,
juice, milk or fruit

Snack

Bread sticks,
Choice of dips
Fruit/Yoghurts

TUESDAY

Breakfast

Choice of cereals, toast,
juice, milk or fruit

Snack

Cheese on toast
Jam on toast
Fruit/Yoghurts

WEDNESDAY

Breakfast

Choice of cereals, toast,
juice, milk or fruit

Snack

Hot dogs
Fruit/Yoghurts

THURSDAY

Breakfast

Choice of cereals, toast,
juice, milk or fruit

Snack

Fish fingers/Dippers
Potato stars
Fruit/Yoghurts

FRIDAY

Breakfast

Choice of cereals, toast,
juice, milk or fruit

Snack

Cucumber/Carrots
Dips
Fruit/Yoghurts